FREMONT UNION HIGH SCHOOL DISTRICT AND EL CAMINO HOSPITAL PRESENT

A Healthy Mind: A Discussion with Teens and Parents on Managing Mental Health

Monday, April 25
7-9 p.m.
Monta Vista High School Auditorium
21840 McClellan Road, Cupertino

FUHSD has partnered with El Camino Hospital to present this panel discussion to bring awareness and education to the community with a focus on the healthy minds of teens. The discussion will include the challenges facing our teens today and their mental health and wellness. The panel will be moderated by April Dembosky from KQED and feature panelists including: Samantha Kotmel, high school student and adolescent mental health advocate, her mother Maja Nelson, Dr. Glenn Teeter, Psychologist at El Camino Hospital, Richard Prinz, LMFT, Student Advocate, MVHS.

Please note that seating at Monta Vista High School’s auditorium is limited. Registered attendees will be given preferred seating. Registration will be closed when the event reaches capacity.

Registration required. Please call 800-216-5556 or visit www.elcaminohospital.org/healthymindteens to register.